

# Wayne Freeman CHONG

## Curriculum Vitae



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### CURRENT APPOINTMENTS

Executive Director, [GeroPsych Consultants Pte Ltd](#), Singapore.

Adjunct Faculty, [School of Social Sciences](#), Nanyang Technological University (NTU), Singapore.

Editorial Board Member, [Scientific Reports](#), [Heart and Mind](#), and [Insights in Public Health Journal](#).

### EDUCATION

2020 Ph.D., Psychology, NTU Singapore.

2018 Advanced Certificate in Training and Assessment (ACTA), Adult Learning, Institute for Adult Learning, Singapore.

2010 Postgraduate Diploma of Clinical Psychology (PD.Clin.Psyc.), Psychology, James Cook University Australia (JCUA), Singapore.

2007 B.Soc.Sc. (Honours 2<sup>nd</sup> Upper Division), Psychology; National University of Singapore (NUS), Singapore.

### BOARD EXPERIENCE

2024 – Member, Management Committee, Finance and Fundraising Subcommittee, [HOPE Worldwide \(Singapore\)](#).

2024 – Honorary Secretary, [Centre for Seniors](#).

2023 – Editorial Board Member, [Scientific Reports](#) (Impact Factor: 3.8).

2023 – Editorial Board Member, [Heart and Mind](#) (Impact Factor: 1.0).

2023 – Section Editor, Editorial Board, [Insights in Public Health Journal](#).

2020 – [Gerontological Society of Singapore](#).

2023 – Honorary Treasurer.

2021 – Council Member, Research and Advocacy Subcommittee.

- Spearheaded policy initiative:
  - Drafted policy briefs for Ministries of Manpower and Education; Planned dialogues with government ministries.
  - Conducted roundtable discussion and supervised student practicum report on [Gaps and Challenges in Gerontology Education and Employment in Singapore](#).

2019 – Arc@Tampines Condominium (Management Corporation Strata Title Plan Number 4216), Singapore. Turnover: 1.72mil – 1.85mil SGD annually.

2024 Treasurer, 9<sup>th</sup> Management Council.

2023 Treasurer, 8<sup>th</sup> Management Council.

2022 Member, 7<sup>th</sup> Management Council.

2021 Chairperson, 6<sup>th</sup> Management Council.

2020 Treasurer, 5<sup>th</sup> Management Council.

2019 Member, 4<sup>th</sup> Management Council.

### PROFESSIONAL EXPERIENCE

## Chong, CV

- 2023 – Curriculum Designer, [Ageing Research Institute for Society and Education](#), NTU Singapore.
- 2021 – Adjunct Faculty, [Division of Psychology](#), School of Social Sciences, NTU Singapore.
- 2017 – GeroPsych Consultants Pte Ltd, Singapore.
- 2024 Executive Director, Consultant Geropsychologist and Principal Investigator.
- 2021 Non-Executive Director.
- 2020 Executive Director and Consultant Geropsychologist.
- 2019 Consultant Geropsychologist.
- 2017 Geropsychologist.
- 2021 – 2024 Research Fellow, [Lee Kong Chian School of Medicine](#).
- 2023 Programme Manager, Non-pharmacological Interventions and Trials, [Dementia Research Centre \(Singapore\)](#).
- 2021 Programme Manager, Behavioural Health Interventions and Trials, [Family Medicine and Primary Care](#).
- 2016 – 2020 Teaching Assistant, Psychology Division, School of Social Sciences, NTU Singapore.
- 2011 – 2015 [Agency for Integrated Care Pte Ltd](#) (AIC), Singapore.
- 2014 Head, Research and Evaluation Unit, and Senior Research Analyst, Knowledge Management Division.
- 2013 Senior Research Analyst, Knowledge Management Division.
- 2011 Research Analyst, Health Information and Innovation Division.
- 2009 – 2010 Adjunct Lecturer, Kaplan Asia Pacific Management Institute, Singapore.
- 2008 – 2009 Associate Lecturer, JCUA, Singapore.
- 2007 – 2008 [Shan You Counselling Centre](#), Singapore.
- 2008 Acting Assistant Manager and Lead Psychologist, Clinical Services Department.
- 2007 Psychologist, Clinical Services Department.

## ACADEMIC PROFILE

### Training Areas

- Geropsychological tools for older adults and informal caregivers
- Health and social care integration

### Research Interest

- Gerontechnology for geriatric vascular depression and dementia
- Personalized medicine for cardiovascular and mental disorders
- Multidomain lifestyle interventions for prevention of vascular cognitive impairment
- Informal caregiving and long-term care services utilization

### Awards

- 2023 [Dean's Award for Administration](#), Enabler Award, Lee Kong Chian School of Medicine.
- 2022 Carol Schutz Travel Award, [Gerontological Society of America](#).

### Selected Publications (\* denotes corresponding author)

- 2024 Chong, W. F. W. Approaches to personalise multidomain lifestyle interventions for dementia prevention. *Heart and Mind*. <http://dx.doi.org/10.4103/hm.HM-D-24-00064>
- 2023 **Chong, W. F.\***, Chua, J., Leong, L. Z., Smith, H. E., & Yu, T. Proactive career management for female health professionals: A scoping review protocol. *BMJ Open*, 13(2), e062716. <http://dx.doi.org/10.1136/bmjopen-2022-062716>